



CIENCIA Y VIRTUD

# CENTRO ESCOLAR UNIVERSITY · MANILA

## Psychology Department

### Teaching and Learning Activities

The teaching and learning plan for each course is reflected in the course syllabi which are reviewed and updated every year. In general, all core, professional core, and professional courses make use of the lecture/discussion method (both white board and multi-media) to emphasize major principles and concepts relative to the course. In addition, the learning process is enriched through the use of diverse teaching and learning activities such as video presentation, symposia/conferences, group dynamic activities, simulated activities, role-playing, immersion and case study, among others, which promote experiential learning of students.

- **Video presentations.** The use of video presentations enhances the lecture discussion on life stages, techniques in counseling and psychological intervention, psychological disorders, and chemical dependency.
- **Symposia/conferences.** BS Psychology students are encouraged to attend seminars organized by the Psychology Society and School of Science and Technology. They also attend national and international conferences as either participants or presenters in conferences.
- **Group Dynamic Activities.** Senior students enrolled in the course Group Dynamics are required to participate in a 3-day live-in seminar outside the school to undergo workshops on self-awareness, group sensitivity, and group process.
- **Simulated Activities.** Students who are enrolled in the courses Human Resource Training and Development, Psychological Assessment, and Seminar in Teaching Psychology are required to simulate the activities done in the workplace. They design and conduct a training program before an audience; they administer psychological tests; conduct interview and focus group discussions and write psychological assessment report. They are also required to teach psychology topics in front of a class.



CIENCIA Y VIRTUD

## CENTRO ESCOLAR UNIVERSITY · MANILA

### Psychology Department

- **Role – playing.** This is employed in the courses Introduction to Guidance and Counseling, Clinical Psychology and Special Topics. Students are asked to play the role of either the therapist/counselor or client. After the role-play, they are asked to write their Insights as a counselee and insights as a counselor.
- **Immersion.** Students immerse themselves in three settings: educational, industrial and clinical, before they enroll in their Practicum class. During immersion, they visit various institutions and observe the roles and tasks done by psychometricians, psychologists, and therapists. They also visit institutions for special children and mental health facilities where they have the opportunity to interact with different psychology professionals, as well as consumers/beneficiaries of psychological services.
- **Case Study.** Students are required to have subjects/clients in the courses Psychological Assessment, Abnormal Psychology, Psychology for Special Persons, and Developmental Psychology. They have to to conduct interview and critically analyze the various cases and expose them in dealing with people who have special needs and psychological disorders.
- **Online lectures/MOODLE.** Most of the core courses utilize online lectures (through MOODLE) to supplement those given in the classroom. There are online lectures on topics in Zoology, Botany, Chemistry, Psychology, Mathematics, Filipino and English.
- **Oral Presentation.** The use of oral presentation or reporting is encouraged in some lecture classes to further strengthen the student's self-confidence and enhance their oral communication and visual presentation skills.
- **Research.** The program's research courses allow students to tap acquired/mastered/generalized knowledge and skills from the courses previously taken. These represent the culmination of the students' academic requirements. Undergraduate Research 1 and 2 hone the students' oral and written communication skills. Likewise, research courses enhance further the higher order thinking skills of the students.



CIENCIA Y VIRTUD

# CENTRO ESCOLAR UNIVERSITY · MANILA

## Psychology Department

- **Experiments.** Social and laboratory experiments are employed in the teaching of Social Psychology and Experimental Psychology. In some of their experiments, the students utilize the Psychology Laboratory inside the university to design and conduct their experiments.
- **Hands-on Computer Exercises.** Students' computer skills are enhanced through hands-on exercises. The use of the computer software SPSS facilitates statistical testing in researches conducted in Experimental Psychology and Undergraduate Research.
- **Development of Training Module and Activities.** Students are required to apply knowledge and skills in designing training in the course Human Resource Training and Development, from identifying training needs, writing training objectives, selecting appropriate training topics and method, running the training before a live audience to training effectiveness evaluation.
- **Test construction.** Students in the course Psychological Assessment and Psychological Statistics are required to develop a psychological test and do the pilot testing to establish the validity and reliability of the test they constructed.
- **Community Outreach Activities.** Students participate in outreach programs to adopted community and institutions where they conduct psychological assessment, group dynamics activities, and counseling/interventions under the supervision of their mentors who are licensed psychologists, Psychometrician, and counselors.